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| Lunch Prices | |
| Child | \$2.25 |
| Adult | \$3.25 |
| Milk | \$.50 |

1
Nachos
*
Chicken &
Apple Salad on
Leafy Greens

1. AVAILABLE DAILY
In addition to the daily entree choice, the following three entrees are offered:
1. Low Fat Yogurt
2. Chicken Nuggets
3. Bagel/Cream Cheese

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|---|--|-----------------------------------|--|---|
| 4 Hot Dog * Turkey Wrap | 5 Italian Dunkers * Chef Salad | 6 Pizza * Fish Sandwich | 7 Ames All School Field Trip <i>No Lunch Served today</i> | 8 French Toast Sticks * Taco Salad |
| 11 Corn Dog * Chicken Fajita Salad | 12 Mac & Cheese * Taco Salad | 13 Pizza * Tuna Salad | 14 Teriyaki Chicken Dippers * Fruit Salad with Cottage Cheese | 15 Ooodles of Noodles * Sweet & Sour Chicken Rice Bowl |
| 18 Ames-Last Day Field Day & BBQ Will cook outside - Serve inside Hamb or Hotdog Chips, Veggies Baked Beans Fruit, Milk | 19 French Toast Sticks * Taco Salad | 20 Pizza * Fish Sandwich | 21 Italian Dunkers * Chef Salad | 22 Hot Dog * Chef Salad |

Lunch includes an entree and a choice of sides. A variety of milk is offered.

Menus are nutritionally balanced with a wide variety of healthy selections, including fruits and vegetables.

Menu is subject to change without notice due to price and product availability.

✍ ✍ ✍ ✍ ✍
Purchase Lunch Credits:
Cash and/or checks through your school kitchen manager!

Need a Part Time Job?
Call
Jeanne King
303-347-3356

